

The Player Journal - My Life as a Pimp...

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PROLOGUE

Hello Friend!

And warmly welcome to read this book, the story of my life...

This story takes it places a 10 years ago, the time I was still kissless virgin at the age of 19. And of course overly nice guy with bad social anxiety...

Hopefully this success, zero to hero story motivates you to start your own journey to live your life to fullest.

Or if you already have a decent experience with women, hopefully this book is still entertaining to you.

I tried to write this story as detailed as I could remember...

I have lots of memories:

About getting rejected by women...

How I got got yelled to "Fuck off" by women....

My first kiss...

How good it felt when I overcame the shyness 100%....

Memories of fucking multiple new women on weekly basis...

Heart Breaking memories of getting cheated on...

Memories of fucking women in the toilets of the bars and getting threesomes later...

Memories about living the Player Lifestyle....

This is the Player Journal, the story of my life.

I hope you enjoy to read this book!

Sincerely,

Brad

CHAPTER 1 – The origin of the journey to become the Player

The first night ever when I approached a girl.

I can still remember it like yesterday:

On that day I decided that I want the change. I decided that I'm ready to face 1000 rejections if even one of those 1000 approaches would get me laid.

That exchange did sound much better than being the kissless and overly shy virgin I used to be.

And I'm delighted today, at this current moment, that I made that choice.

If I would never left the house that day, I could still be the same guy: depressed, socially anxious, kissless virgin.

Lesson #1: Just Fucking go for it and decide that this day is the memorable and one of the most important day of your life when you decided to flip it around for better. Not tomorrow, **Today...**

At that day, I did read some opening lines from the Internet because I had zero clue what to say to girls. And at that time, I thought that Pickup Line was the most important thing when getting laid.

After I left the house, I can still remember those stomach aches I had due to the extreme anxiety: "There is no way back now. I need to force myself to talk with girls."

I did drink a few beers because my anxiety was so high. I didn't want to get wasted, though, because I wanted to make this as sober as possible, so I could overcome the shyness and change my personality to better.

When I entered the club alone, I was wandering around a long time. I probably looked very anxious and the one who was not supposed to be there.

I watched how girls were dancing, and one thing was sure: I had no guts to go there to approach. Then I looked for girls in the spot where I could easily approach.

The tables were big no-no at the moment.

Gathering the Courage and Pulling the Trigger

I walked around until I saw those two girls standing in the quiet corner. I built all my courage and went for it. With a creepy and anxious voice, I asked some questions about them related to the club.

I barely couldn't even focus on their reply, as I was filled with adrenaline. The conversation did last about 2 minutes, and then I had to leave.

It wasn't rejection, though.

I escaped from the situation.

I had to go toilet to take a breath and analyze what had just happened:

The first time ever in my life, I went to talk to girls.

I had just broken the first plateau.

The worst one: Cold approach girl the first time in your life.

Lesson #2: By approaching a woman, even is you know that there is a huge chance to get rejected, is a way better than not approaching at all. With the option 1 you have chance to seduce woman, with the option 2 you have 0% chance.

If you have never approached a girl, the first approach is the hardest one.

Like the first lay and losing your virginity is.

NOTES: Why losing your virginity is the hardest lay you need to achieve?

If you haven't lost your virginity yet, read this.

When you have zero experience with women, you have minimal confidence due to a lack of success/experience, which reflects on your upcoming experiences. You can fake it till you make it, but the vibe of zero experience will appear subconsciously around women.

This is the hardest part you need to get over. For this point, it's a huge uphill battle.

After you make it, every lay will be easier to get afterward.

Actually, the lay after lay you get it easier.

It's like women's sixth sense of knowing you are getting girls.

But when it's zero experience, you have so much of thing on mind what you should/ what should you not do.

Also, the pressure of f@#king things up may give you a desperate vibe that's turn off.

When you get good at this and get a lot of girls, you'll raise your standards and don't care as much if you mess things. This is probably the vibe which makes you attractive after getting the experience.

What I regret

My biggest mistake when I was a virgin and tried to get good at this was the fear of messing things up. I was afraid to escalate too far in fear of rejection and not getting another chance.

This is what you need actually to do to get laid.

You need to escalate and take things as far as you can. I had read some bullshit advice of not asking girls straight for sex, but when I had made countless approaches with no results, I was frustrated and was like, "I don't give a f#@k of outcome". So I did what was against the "rules", asked straight for sex after having a good interaction earlier. And the v-card was lost.

The rules did hold my back and didn't let me to succeed.

Didn't let me to get the experience, which is important to get good at this.

After this point, I knew that there were no rules.

The Sex?

Another thing that may be afraid of is the actual penetration part. You may be paranoid either. You don't get it up, or she will have a bad sex with you.

Don't stress about this. If you are paranoid about not getting it up, go nofap for a few days before you are going on the field.

Also look at [this diet](#), it may be helpful. What you don't wanna do, is to masturbate on porn before you go picking up. This will eat your motivation and energy.

And if you are taking alcohol, you are most likely getting a whiskey dick.

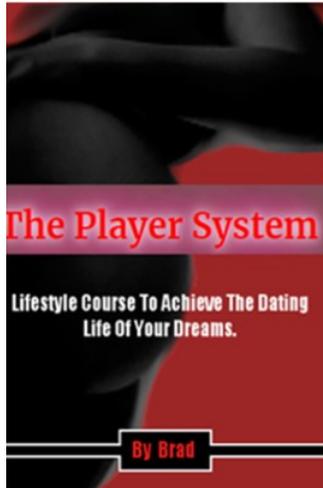
Alcohol+nofap is a good combo to get it hard and last long (Even I recommend in this book to pick up women by being sober). Nofap makes libido hard, and alcohol makes it slower to ejaculate.

Other ways are too, but I may make another post about these methods.



Best investment ever!

One excellent investment in training Your stamina on Bed is to get Flashlight. [Read my Flashlight Review Here.](#)



This system teaches you how to become a Pimp...

If you are insecure about your Bedroom performance or about Your Penis Size, checkout

“[The Player System](#)” to fix these problems, you will get a complete step by step guide to **naturally make your penis bigger** (not scam) and how to make the woman orgasm and crave your dick more and more...

If you just want it...

The New World Awaits

I had to take a rest for 10 minutes in the toilet and wait until the adrenaline comes down.

Now that I had approached and break the wall, I wanted more.

I did approach again. Not in the table or dance floor, but on the bar. It took some time before I had built balls to approach girls who were sitting at the table on the bar, and the ones who were dancing.

I can't remember the exact count of the approaches I did, but it was something around 5.

Each time it was easier...

The Night that Changed My Life

That night changed my life forever. After coming home, I was so excited and wanted to get back there. I couldn't wait for the next time I would go.

Before the next time I did go out alone to approach, I did again read some opening lines that I could use.

For a stranger, that night would look like a creepy loser trying to get laid. In my eyes, it was the opening of a whole new chapter in my life. It was the first step to beat the shyness.

My priority #1 wasn't even getting laid first, but to overcome the shyness.

The Second Time is Always Easier

When I went on the next weekend again out, I had that pre-anxiety again.

But when I entered the club second time, the same feeling, the adrenaline rush did hit me. I knew what was going to happen, and this time it took much less time to wondering around before I approached. The second time I was also completely sober, compared to the first night when I had a few drinks.

I didn't get laid neither kiss on the second night...

It took me a long time before I could get comfortable enough to go for a physical because I had no idea back then how should I ask for a kiss.

If I could now go back to that time to tell the past of myself tips, my progress would have been much faster.

Other benefits than getting good at talking with girls

The exciting thing about going alone to bars and approaching women, I also started to get more talkative with people at High School. By forcing myself there to approach and talk to girls, something clicked in my brain.

Some seed that started to grow and clear the shyness from me.

Every approach I did, was a one step closer to overcome the shyness completely.

One step closer to the next plateau: The first kiss.

It was like the first approach.

Or first lay...

Or first girlfriend...

Lesson #3: Each approach is an improvement for you. Even if you fail, failures are the most valuable things that teach you most. After the fail, you know what to not do on the next time. AND, every successful people out there have faced hundreds, maybe thousands of failures.

The difference between normal non-successful person and successful person is:

- Normal person quits after failure.
- Successful person takes a failure as a lesson for his progress.

Don't be the normal, be the successful one my friend...

NOTES: Which is better? Pickup women by being wasted or by being sober?

Do you hate alcohol, but you are too scared to talk with women during Sober? Do you wish that your dating life wasn't dependent on alcohol and you could go picking up women sober

I had that kind of dilemma. Alcohol used to take away my social anxiety, yet it made me depressed.

So I chose the Sober way...

In this note, I will give my thoughts about which is better, seducing women while drank or picking up women sober?

In the beginning, when I didn't have an idea how to pick up girls, I went on clubs binge drinking and getting wasted in the hope of getting the courage to talk to girls. (I was at this moment at the age of 18, 1 year before my first approach and the day I decided to change my life)

Or that was the step 2, which I hardly or never acquired.

Step 1 was to get girls to approach me so I could go for step 2.

Even I was wasted and lowered my inhibitions via shitloads of booze, I hadn't the courage to approach girls due the extreme shyness and social anxiety.

After I killed my **approach anxiety (Later in this book)** and started to talk with girls, I was sober at first.

I was sober for a long time...

I avoided alcohol for health issues.

Anyway, it was a good feeling of not needing alcohol and still going talking with girls smoothly and having fun with them.

After this, I stopped binge drinking.

Rarely nowadays (10 years later), I get a shit wasted, and if it happens, it's an accident like having a good buzz without blacking out and remembering something of yesterday.

The difference: What I realized on success while being sober and being not?

Well, getting laid via sober is much more rewarding.

You get a confidence boost that you made it just being yourself. This is also the best way to improve yourself on this.

However, on sober, if you are feeling down or not on the mood of socializing, there can be struggling.

Like I would have a lot of stress on that day, I'm not having a good vibe while picking up.

And therefore lack success.

Or I fapped earlier before going out. I would not have the motivation and be lethargic talking with girls.

Anyway, getting laid by being a not being sober, it usually ends up with good success as you have a good vibe almost always.

Either it's alcohol, or some other mind-altering substance that gives energy and lowers inhibitions.

This especially if you are feeling down or depressed, like I will state later in this book, about how the depression lowers your success with women and affects negatively on your attractiveness...

When drinking alcohol, the success is worst if you get yourself on blackout mode. Worse than being sober and little tipsy combined.

So, about how you are feeling at the moment is the key.

I've had almost equal success in both ways but only had the worst success when I was suffering from severe depression (story later in this book) and had a bad vibe.

In those kinds of situations, it's okay to hinder depression and get back to track.

After the point when you have completely killed the approach anxiety and can do it while sober, it's fine to start getting a little buzz when picking up. Meaning it makes you more social and gives you the vibe of well being.

If you are struggling with approach anxiety, I recommend to go out sober and get rid of it (In the Player System, the 15 Days program example gets you to acquire this)

If you are always hindering the approach anxiety with alcohol, you are not getting rid of it.

It needs to be done on sober when you are expanding your comfort zone.

CHAPTER 2 ~ Reaching my next level. Making out and Losing my Virginity

At that point, I was already comfortable to talk with girls, and I was starting to build that playful demeanor naturally.

I still hadn't balls to go for a kiss.

Until I gathered my courage again and wait for a good moment to ask: “Would you like to kiss me?”.

It was a pretty awkward moment at the time, for both of us.

But I did went for making out.

The same old adrenaline rush I had on the first approach filled me.

Lesson #4: As a man, it's your responsibility to be the dominant partner and take the initiative for going to kiss. Even if it's awkward to ask, it's better than nothing.

At least at that point, I knew that it was only a matter of time to get laid and find a girlfriend.

I tried multiple ways to get laid, every time I did something different than last time, and didn't follow the mistakes I had done earlier.

Until the day I finally scored.

It was again a step to the next chapter.

After that first lay, I already got laid again the next time I went out. And again.

And again...

I felt like coked-up constantly and knew that this would only get better the more I go out.

NOTES: Why Picking up women is a skill and how you can master it?

Have you ever wondered if picking up Women is a Skill?

Yes, it is.

And you can learn how to master that skill of Picking up Women.

Like I did.

I transformed myself from kissless virgin to Pimp by Learning this Skill, like you will get to know in this book.

Picking up Women a Skill?

If you have always thought that seducing women is all about looks, read this story of an ugly guy getting more Pussy than Pretty Boys at Party: [Looks don't Matter after all](#) (link to story about how an ugly badboy managed to fuck lot of girls)

Picking up, pimping, gaming, seducing women; whatever term there is for it, I would like to post here some reasons why it's a skill that can be learned and improved to get more women.

Looks is, of course, an important aspect, I don't buy the thing 'looks don't matter' as some dating gurus say.

But having a good and confident demeanor while picking up women will get you a lot better results, especially if you **Master this Skill**.

I haven't told in ages the fake stories while picking up women, but these pre-invented stories will work if they told in the right way, and that's the one aspect that makes picking up women a skill.

I did only these fake stories when I was starting the whole game thing, and later it was just a natural game that I learned.

It became my second nature: Naturally seductive behavior that attracts women like a magnet...

What aspects Matter in the Skill of Picking Up Women?

Here are some things that are legit on the *Game* (I use that as a term of the skill to seduce women), aspects that make an attractive man despite his looks:

- Women are attracted to high-status men (with the "game" you can fake this)
- Women are attracted to guys who other women are interested (pre-selection; with game you can fake this too)
- Women love BadBoys who don't give a f@#k about anything and do what they want to do (I've seen this many times, some guys below-average looks having hot girls. With the "game" you will lower

inhibitions and acquire the idgaf attitude. In the "Lonewolf Game" book you will learn how to acquire the IDGF attitude and the Badboy Vibe)

These three Aspects are the Critical Principles that make a Guy more attractive besides his Looks.

Status. The Trait that overwhelms Looks when it's about Attraction.

Having a very high status, example movie or rock star, you don't need any looks.

You can get away anything having this high status.

You don't need this high status, though for getting girls, and it would be impossible to fake this high status.

Good enough status is, for example:

- having a large social circle,
- being known by people as a great guy, everyone would love to hang out
- knowing cool people
- doing some cool stuff like traveling a lot, having an interesting life.

Things like these are easy to fake with "game".

Just learn to make up stories about how you've been on great private parties hanging out with important people with celebrities. That would be an instant status boost if you can do it subtle and credible.

This way, you will not find girlfriend though, but a lot of one-night stands or short-term fuckbuddies.

If you are interested in a girl you are picking up for a relationship, do not make these false stories. You will get revealed at some point.

But if you don't have any interest in ltr, it's okay to put some extra flavor in your stories and make it easier to get laid.

Pre-Selection. The Trait You must Learn to Use As a Skill for Picking Up Women

Even if a guy isn't good looking but has a lot of women chasing him, he's attractive for women.

After doing enough picking up and learning how to do this naturally and subtle, it's a very powerful way to boost your attractiveness and make her chase you.

It's a skill that only can be learned via experience on the field (At a bar or daytime picking up).

After doing it enough, it becomes naturally and smoothly without you to think twice what you should say to a girl.

One Reason Why Women Love BadBoys: *IDGF Attitude.*

A man who knows what he wants and don't care what other's think is an attractive man.

This isn't probably skill, but can be improved after going enough out of your comfort zone.

Daygame is a good way to go out of your comfort zone via [**cold-approaches**](#) (Daytime pick up guide)

How to Improve the Skill of Picking Up Women?

Short answer: The experience.

Lots of field experience and approaches...

It can't be learned any other way.

I started as a social anxiety kid who would shake and almost shit his pants when talking with women, to a guy who can be smooth, playful, having fun with girls as natural as possible.

No anxiety, nothing.

Having social skills to opening conversation and hanging with a stranger like you've known her years.

Going enough out of your comfort zone, doing it enough will get you there.

But as said before, to maximize your success and to speed up your learning curve, I have written the books and lots of articles on my website to help you to get there as soon as possible...

CHAPTER 3 ~ Overcoming finally the Shyness and the Social Anxiety...

Let's continue my story:

The shyness I used to have was there no more.

People started to become curious about what I had done to change myself completely. They asked how I was suddenly so confident and much, much more social than I used to be.

If you already haven't reached this point and feel like approaching sucks and is a waste of time, I can tell you that you will reach the same and better if you keep doing this and don't quit.

The reward is huge.

The only thing I regret is that I didn't start earlier this.

I will keep writing this journal more.

At this point in the story, we are in a time where I had to cross the limit where approaching was uncomfortable and only as "leveling up".

Now it had become comfortable, and I actually started to play and reach the endgame of the player lifestyle.

Even though I still had a lot to learn back then, I was enjoying the thrill of picking up women, compared to starting my journey when approaching was only leveling myself up to the point where I could enjoy flirting and talking with girls.

Lesson #5: Shyness can only be beaten by taking the real life action and going out of your comfort zone. Reading books might help you to give the

information and tools what you need to do, but you must use these tools in real life too.

NOTES: Why patience is one of the most important traits you can have and how to develop it?

For the centuries, the most successful people have had the one trait that separates them and grant them the success and achievements they want.

The Patience.

Even from the beginning of human history, the ones who survived and succeeded to breed and protect the family were the Best Hunter's.

To be an excellent Hunter, one needs to have an incredible Patience.

The Patience to wait, do extensive surveillance before taking action.

The Patience to not give up and willing to wait as long as needed for making a move.

If you can acquire the **Patience of The Hunter**, you are ready to Conquer and Achieve your Dreams.

You can achieve:

- The Dating Life you have always dreamed of
- The Body of your Dreams
- Financial Success
- The Career of your Dreams
- The Skill you always wanted to learn

Examples how the Lack of the Patience can prevent you from success

Gym

Probably the most common example of the lack of the patience I have heard is not to have enough patience to keep Gym routine.

People always say the starting is the hardest thing to do, and after going to the gym for a while, it gets easier when it starts to become routine.

Well, starting a new thing is never easy, but maintaining the routine and having patience to keep improving, being aware of the time it takes, is the harder one.

Many people quit after they don't see results quickly.

Then they envy and moan about the successful people that have the patience to acquire this.

Poker

Another example is [Poker](#) (Link to article about how to make money with online poker at 2020)

I love that game. It's not only about luck but also a combination of maths and psychology.

And Patience. Probably the most important aspect.

Many people don't have the patience to wait for a good hand, and they lose.

When they do get a good hand, they don't have patience to set up a trap like a Hunter and get as much profit as possible.

They spend that good hand for scaring people off before Cards are dealt with by betting too much, and this only gives them the minimal win, instead of playing it smart with patience and fleecing tens of times more money.

5 Keys to acquire the Patience of the Success

To acquire the Patience of the Hunter, the Key to get success, you need the right Mindset:

- Acknowledge that "getting much without effort" is bullshit. Every Successful Entrepreneurs out there have worked hard to get where they are. Don't expect quick results; have a bigger and realistic view of things.
- Be willing to wait as much as possible before taking action for the best results. Even waiting long times can be boring as fuck, it's better to wait and do the good surveillance whatever you are doing, so you maximize the results with good preparation.
- Acquiring success is a Numbers Game, just like picking up women. Don't take failure as a negative thing. Failing is just a learning experience. Every fail makes you more stronger, with the knowledge they grant you. They teach you how to approach things in different ways, try different things to achieve the goal.

- Always think two steps ahead. The more steps, the better. Like playing Chess. To win the game, you need to be more steps ahead than your opponent. Always have a backup plan if and when you fail, so you are still winning with that.
- Train yourself for the Iron Will and Discipline. When you are enough Disciplined to face and handle negative feelings and situations, you can do many things above.

Discipline and **Patience** aren't the same thing, but both of these traits support each other.

If you can master them both, you will become unstoppable.

You will acquire what you want.

Women, Money Status. Whatever your goal is.

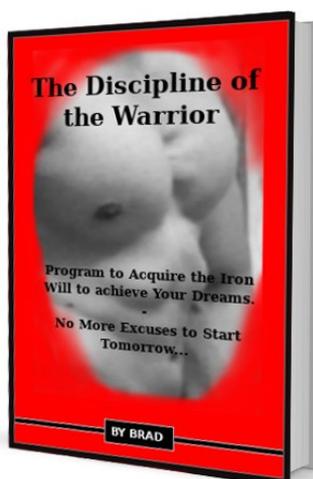
Discipline is the ability to get yourself through uncomfortable situations without quitting.

Patience is an ability to wait, done the best possible surveillance, and think as many steps ahead as possible before pulling the trigger and taking action.

Ways to train Stone Hard Discipline

One good way to train Iron Will and Discipline, is to [start Martial Arts](#) as a new hobby (Article about why you should start training martial arts) . Besides tens of other good benefits Martial Arts grants to you, the Iron Will is one of the best benefits.

Martial Arts were originally intended for Warriors and Soldiers to master not only their fighting skills, but also the Discipline, as every successful army requires good group discipline.



Other, very good program to stone hard Discipline is this program: [The Discipline of the Warrior](#):

Even I'm long term Martial Artist myself an have built great discipline due the years of training, I wanted to ice the cake and develop the best possible program to build the **iron will**.

This program really pushes you out of your comfort zone at least for the 30 days, even longer depending on your goals.

And if you can do this *at least for a month*, you will feel like reborn after the 30 days.

You will literally feel like living in constant God Mode after this program.

If you are the type guy who have a lot of potential, good ideas or projects, but you never get started them and you are feeling lazy, this program is for you.

It will get you force you to get shit done. [Read more about The Discipline of the Warrior Here.](#)

This story will be continued in the next part:

Beginning of the Player Lifestyle. Player Journal Part 2.

[Read the Part 2 here.](#)

FINAL WORDS

Hopefully my story from kissless virgin with social anxiety, turning my life around for better motivates you too to take the action and start your own journey.

This journal will be continued in the next part, until then, I wish you best on your journey, either its about overcoming the shyness, getting success with women or acquiring the body of your dream, You will make it!

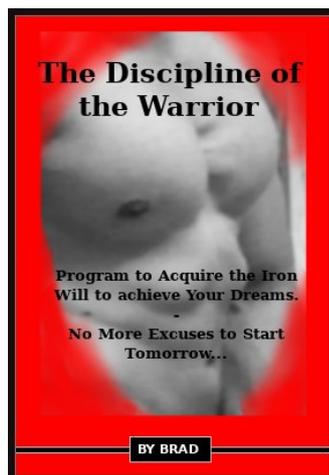
Sincerely,

Brad

To get more, check my website's www.playertricks.com or www.lonewolfmentality.com

Check also next page for more great stuff!

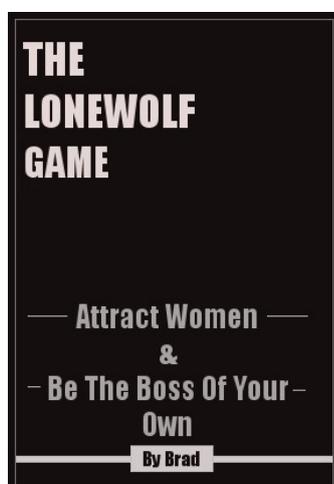
OTHER BOOKS FROM THE AUTHOR



The Discipline of The Warrior

This book is more like a program, a program that forces you to get motivated to start get shit done. If you are the type who have lots of good ideas but you lack the motivation to start your projects, this program will fix that problem.

Besides building a rock hard discipline, like a Warrior, you will learn in this book the actual way to get ripped sixpack abs and how to lose the belly fat. [Learn more about Discipline of The Warrior here.](#)

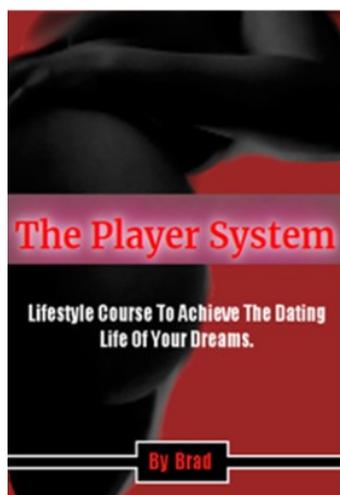


The Lonewolf Game

Are you wondering how to find a Girlfriend or overall meet women if you have no girls in your social circle? Neither you don't want to use dating apps like Tinder?

The Lonewolf Game is the solution for you, containing countless of step by step guide's how to go out alone and seduce women, example opening lines, techniques to keep her interested in you and how you can maximize all your natural attractive qualities.

[Learn more about the Lonewolf Game here](#)



The Player System

This book is not only book but a complete lifestyle course for Men. Besides lots of dating advice and how to dramatically skyrocket your success with women, this book contains a 15 Days program that is designed to make you Confident around women, even if you are shy when you meet girls now. The 15 days program final drill's goal is to get you laid, even if you are virgin. Besides that, this book contains a full guide how to start living the Player Lifestyle and live your life on God Mode. [Learn more about the Player System here.](#)